



Membership Freeze Policy

1. **Primary, Associate and Teen members under the 12-month contract agreement cannot freeze their membership for any reason during their first 12 months.**
2. **Primary, Associate and Teen members that are either outside of their contract time or, on the Month to Month plan can freeze their membership for:**
 - a. **Medical Reason:** Medical Freeze is allowed for a maximum of 5 months with physicians note listing dates of inactivity. The freeze will take effect the month following receipt of the physician's note and will not be retroactive or back dated. The member must provide a new dated physicians note with revised dates of inactivity to extend the Medical Freeze beyond the initial 5 months. Upon returning from medical freeze, members must present a physician's note clearing the member to exercise in order to return to active club status. **All Memberships on Freeze will automatically resume billing at the end of the designated freeze time unless otherwise noted. All Freezes will be charged a \$20/month fee.**
 - b. **Temporary Work Relocation (+25 miles from Healthplex):** Temporary Work relocation is allowed for a minimum of 3 months and a maximum of 5 months with valid documentation from the current employer. **All Memberships on Freeze will automatically resume billing at the end of the designated freeze time unless otherwise noted. All Freezes will be charged a \$20/month fee.**