

The Wellness Center

at the Healthplex® Sports Club



Address:

Healthplex Sports Club
194 W. Sproul Rd. Springfield, PA
www.healthplex.net



Call or Fax referral to schedule

your appointment:

Wellness Membership Voicemail:
Voicemail: 610.328.8874
Fax: 610.328.8877
Updated 7.11.18

2-month Wellness Center membership for \$60.00*
Membership begins the day of your Wellness Evaluation.
Many membership options available after completion of 60/60.

Patient Information:

Name (Print): _____
Phone #: _____ Alternate Phone #: _____
Email: _____

Referral Source:

| | | |
|--|--|---|
| <input type="checkbox"/> Balance Center | <input type="checkbox"/> Pain Management | <input type="checkbox"/> Pulmonary Rehab |
| <input type="checkbox"/> Cardiac Rehab | <input type="checkbox"/> Physical Therapy | <input type="checkbox"/> Occupational Therapy |
| <input type="checkbox"/> Diabetes Center | <input type="checkbox"/> Primary Physician | Other: _____ |

Physician Information:

Provider Name (print): _____ Date: _____
Provider Signature: _____ Fax #: _____
Phone #: _____ Email: _____

My signature above insures patient is cleared for exercise in the 60/60 program in the Wellness Center

Goals:

| | | |
|--------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Post Rehab | <input type="checkbox"/> Disease Management: _____ | <input type="checkbox"/> Education |
| <input type="checkbox"/> Weight Loss | <input type="checkbox"/> Surviving/Fighting Cancer | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Support | <input type="checkbox"/> Pre/Post Surgery: _____ | _____ |

Precautions:

Please list any precautions, contraindications, or special considerations here:

*60/60 membership is valid for a two month period and not for 60 visits. As a 60/60 member, access to the entire Healthplex Sports Club facility is permitted but member must follow the rules and policies of the Club. Activities outside of the Wellness Center are 'at your own risk.' Supervision will only be provided in the Wellness Center during scheduled class times or in specified wellness aerobics and aquatics classes. This membership is a starter membership and should a member choose to continue using the facilities after the expiration date of the 60/60 membership, member must sign a new contract indicating how they choose to continue: either a limited Wellness Center membership or a Healthplex Sports Club membership with more access. 60/60 memberships can be put on hold/freeze for medical reasons only and medical documentation must be presented at the time of the incident. Memberships cannot be extended (or unused days added or compensated) without proper medical notification in a timely manner or once the membership has officially expired. **Please also keep in mind, due to the steep discount, that the 60/60 Wellness membership program is one time membership option only** and member must sign up for one of our other membership options should he/she choose to participate. The Wellness Center will be closed on weekends, all major holidays, and during severe weather conditions. There may also be situations in which the Wellness Center is unsupervised (instructor called out sick, on vacation, etc). We will provide advanced notice of unsupervised days whenever we are able to do so. Under these circumstances, the Wellness Center will remain open and available for all those who would still like to attend without supervision. Days closed for weekends, holidays, and severe weather, as well as days that we are open without supervision, will not be compensated or reimbursed. Please plan your sessions accordingly.